

## Prep and Pre-Prep Sport Curriculum Overview 2021/2022

		AUTUMN		SPRING		SUMMER	
		1	2	1	2	1	2
<b>Rec</b>	PE						
	GAMES	Fundamentals / Gymnastics		Ball Skills / Dance		Swimming Intro	
	SWIM						
<b>Y1</b>	PE	Gymnastics	Fitness	Dance (and Yoga)		Striking and Fielding	
	GAMES	Fundamentals	Ball Skills + Invasion	Netball	Football	Athletics	
	SWIM	Stroke Development / Water Confidence		Stroke Development / Water Confidence		Stroke Development / Water Confidence	
<b>Y2</b>	PE	Gymnastics	Fitness	Dance (and Yoga)		Striking and Fielding	
	GAMES	Fundamentals	Ball Skills + Invasion	Netball	Hockey	Athletics	
	SWIM	Stroke Development / Water Confidence		Stroke Development / Water Confidence		Stroke Development / Water Confidence	
<b>Y3</b>	PE	Gymnastics	Volleyball/Dodgeball Basketball tasters	Dance	Dance Choreography	Fitness (circuits, tabata, cardio, intervals, testing, yoga, pilates etc.)	
	GAMES	Hockey		Netball		Cricket / Tennis	
	SWIM	Stroke Development		Stroke Development + Starts		Athletics	
<b>Y4</b>	PE	Gymnastics	Volleyball/Dodgeball Basketball tasters	Dance	Dance Choreography	Fitness (circuits, tabata, cardio, intervals, testing, yoga, pilates etc.)	
	GAMES	Hockey		Netball		Cricket / Tennis	
	SWIM	Stroke Development + Starts		Stroke Development + Relays		Athletics	
<b>Y5</b>	PE	Gymnastics	Volleyball/Dodgeball Basketball tasters	Dance	Dance Choreography	Fitness (circuits, tabata, cardio, intervals, testing, yoga, pilates etc.)	
	GAMES	Hockey		Netball		Cricket / Tennis	
	SWIM	Stroke Development, Starts, Turns, Relays		Synchronised Swimming		Athletics	
<b>Y6</b>	PE	Gymnastics	Volleyball/Dodgeball Basketball tasters	Dance	Dance Choreography	Fitness (circuits, tabata, cardio, intervals, testing, yoga, pilates etc.)	
	GAMES	Hockey		Netball		Cricket / Tennis	
	SWIM	Stroke Development, Starts, Turns, Relays		Water Polo		Athletics	